



Your People Working Well

## 2025 Training Schedule

### JANUARY

29 RFAST

### FEBRUARY

12 & 13 MHFA

18 & 19 HART

26 RFAR

### MARCH

4 & 5 RFA

### APRIL

8 MHFAR

9 RFAST

### MAY

1, 8, 15, 22 & 29  
HSR

6 & 7 RFA

14 HSRR

### JUNE

18 & 19 MHFA

### JULY

2 & 3 HART

### AUGUST

### SEPTEMBER

3 RFAST

4 MHFAR

10 & 11 RFA

### OCTOBER

1, 8, 15, 22 & 29  
HSR

14 HSRR

21 RFAST

### NOVEMBER

4 & 5 MHFA

12 & 13 HART

18 RFAR

### DECEMBER

3 & 4 RFA

RFA

Resilience First Aid

RFAR

Resilience First Aid Refresher

RFAST

Resilience First Aid Starter Training

HSR

Health & Safety Representative

HSRR

Health & Safety Representative Refresher

MHFA

Mental Health First Aid

MHFAR

Mental Health First Aid Refresher

HART

High Adversity Resilience Training

WWW.BLMC.COM.AU

Booking link or QR Code: <https://app.qin.world/blmanagementconsultants/forms/620>

