

Rotary club & university team up for psychology bursary

Bursary and Scholarships Latrobe University



Master of Professional Psychology student Cara Ross and Psychology lecturer Dr Rachael Cronin on campus at La Trobe University.

RESIDENTS within the Albury-Wodonga region are set to benefit from a new scholarship aimed at improving mental health and wellbeing support.

Cara Ross has been named the first recipient of the initiative called the Rotary Club of Albury North – Regional Psychology Bursary. .

Established to help address the shortage of psychologists in Albury-Wodonga, the award is contributing to improved mental health and wellbeing across the region.

Currently completing her Master of Professional Psychology, Cara is able to study primarily online – a flexible model that has allowed her to remain in her hometown while continuing to advance her training. “The flexibility of the course made it accessible and meant I didn’t have to move away to pursue further study,” she said.

Cara’s connection to La Trobe runs deep. She has completed both a Bachelor of Behavioural Science and a Graduate Diploma of Psychology before entering the Master’s program.” I see La Trobe University as my academic home,” she said.

“I’ve been fortunate to consistently have access to, and receive guidance from, many knowledgeable, experienced and kind professionals who have modelled to me what it means to be a skilled practitioner.” With a background spanning health, education and community wellbeing, Cara is passionate about providing mental health support locally.

The bursary will ease the financial pressures of placements and travel for intensives, allowing her to focus fully on her goal of becoming a registered psychologist. “If I can help make a positive difference in people’s lives, then it’s all worth it,” she said.

The Rotary Club of Albury North – Regional Psychology Bursary was made possible thanks to a generous donation to La Trobe University from the Rotary Club following the success of their Travel Escape Club fundraising.

For more information about giving to La Trobe Albury-Wodonga, please reach out to philanthropy@latrobe.edu.au